

the roberto clemente principle.

@APPLIDVISIONBASEBALL

12 SWINGS IS ALL YOU NEED.

Let's say you have **4 at-bats**.

You have **3 strikes** to use. If you swing all three times, that's **12 swings**.

All you need to do is put one **ball in play**, one **hard-hit ball**, one **quality swing**, and a bit of **luck**, to collect one **hit** a day.

Sure it's not always that simple - but if we keep an open mind we can at least see where Clemente was going with this philosophy.

"NOTHING HAPPENS UNTIL THE BAT COMES OFF THE SHOULDER."

If you're going down - go down swinging.

You don't have to hit a 5 run homer or two triples in one at-bat.

You just need to connect the sweet spot of the bat, with the ball.

The only way to do it is to **Swing!**

Do it 12 times. See what happens.

